



Hmasawwna Thar

(A N I N D E P E N D E N T D A I L Y N E W S P A P E R)

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Churachandpur

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DC CCPur in Computerised Ticket counter a hawng



CCPUR: Mr R. Sudhan, IAS, DC/Chairman, Hospital Management Committee, District Hospital, CPUr chun April 1, 2017, 9:30AM khan District Hospital-ah Computerized Patient Registration (PiCa Soid) Computerised Ticket Counter pathum hai hawngna a nei. Hiengang computer ticket counter hi Manipur district hai laia a hmasatak la nia hriet a nih. Hi thil hi District Hospital- a doctor pan ding han OPD ticket an lakna ding a nih. OPD counter hawng a ni le inzawm hin hmang nghal a ni a, doctor pan ding han counter- a inthawk token lain serial number dung- zuiin ticket an lak pei a nih. Counter hawng a ni zo hin District Hospital Administration chun Medical Supdt. Conference Hall-ah DC, CCPur thingpui dawn- puina an nei a, hi huna hin Dr J. Son Goukham Samte, MS, Dist. Hospital chun computerized counter

Addl. CE in a kaisang

CCPUR: Pu Jolienthang F. Tusing (JF Tusing), s/o Pu Sanghlel of Tipaimukh Road, Hiangtam Lamka, CCPur, tuta Superintending Engineer (SE) sin thaw lai mek chu April 1, 2017 khan Additional Engineer, I&FC Department, Govt. Manipur in a kaisang. Pu Jolienthang hi Sept. 2016 a kha Superintending Engineer (SE) a lo kaisang ta a nih. Manipur- a Hmar hai lai chu Additional CE kai hmasatak la nia hriet a ni bakah Hmar jawng hmang hai laia BE (Bachelor of Engineering) zo hmasa tak nia hriet a ni bakaw a, kum 1982 khan Agra hmuna BE a zo a nih. Manipur sawrkar



hnuoia a thawk hmam Mizoram sawrkar hnuoia PWD ah Assistant Engineer khawm a lo chel a, hi hun sung hin Mizoram Polytechnic, Lunglei-ah Lecturer (deputation) sin a thaw a, DRDO, Pune-ah Scientist 'B' sin ieman- ichen a lo thaw bawk a nih. A kaisangna hi ei chanchin- bu chun a lawmpui hle.

Khwairamband bazar a Ima Keithel ang tlangram district haiah khawm bawl ning a tih; Sawrkarin Rs. 150 crore hung pek a remtih: N. Biren Singh, CM

IMPHAL: Zanikhan All India Radio (AIR), Imphal Station in Manipur Chief Minister Nongthombam Biren Singh interview an nei a, chu taka chun hieng thuhai hi a hril: Khwairamband Bazar, Imphal a Ima Keithel ang hi tlangram district tinah bawl ning a tih. Hi thil thawna ding hin sawrkar thlungpui chun Rs. 150 crore hung pek a remti ta a, sum hi a hungtlung charin Bazar building



bawlina sin an rang thei anga tan nghal ning a tih. Ka sawrkar chun tlangram biel hi ngaipawimaw hleng a tih. Ka sawrkarin a ngaipawimaw hai laia pahinna (second priority) chu Churachandpur chun- gthu a nih. Inbiekna a hung um theina ding palai tir a ni ta a, lekhaa ziek ngei- in dawna hmu a ni ta a, dawna hi positive repond ta a, miithi 9 um hai laia pakhat vui a ni ta a, tuhin

chun a ngaipawimaw hle a. Lampui sietna siemzo lova la um ha chu tuta thla sung ngeia siemzo dinga hmalak ning a tih. Lampui siemtu khawm thlakth- leng an ni tah. Chun, lampui chungchangah chun Imphal-District Headquar- ters inkarhai ngaipawimaw hmasak ning a tih. Corruption sukho hi ka sawrkar ngaipawimaw a nih. Tuhiin Anti-Corruption Cell hawng a ni ta a, Cor- ruption thaw an um ti hril. Hi hmuhai chu Anti-Corruption Cell-ah hin report pe dingin ka ngen. Hi kawngah hin ei thangruol a tul a nih. Manipur a tlangmihai le phaimihai inthurool thei nawna san le inhmangituo thei tak tak nawna san chu tlangram le phairam biela development work thaw dan an ruol naw lei a nih. Hi lei hin tlangram biel ngaipawimaw hi ka thil- tum a nih tiin Nongthom- bam Biren Singh chun a hril.

Minister V. Hangkhanlian in Mount Olive School a hawng



CCPUR: Pu V. Hangkhanlian, Minister (Agriculture, Veterinary & Animal Husbandry), Govt. of Manipur chun zani 11:00AM khan Lingsiphai le Tangmual irina bula Mount Olive School building bawl zo thaw hawng- na nei a, hi huna hin Pu Hangkhanlian le a nuhmei Dr Kimboi Tonsing han khuoitiina thangan in uop. Rev. V. Khamvum, Principal, Grace Bible College in school building Pathien kuoma inhlanna a nei. Pu V. Hangkhanlian chun, Headmistress Ningsangch- ing hai nupa in tha le zung, sum le pai tam tak senga hiengang school an hawng chu lawmum a ti thu a hril a. Khawpui sunga tui dawn ding hasatna thuh, khaw- pui sunga cheng han tui dawn ding hniengnar tak an dawng theina ding hma lak a ni ding thu; 3 bills le martyrs hai ruong vui loa an la um zing chungthu chu Manipur CM N. Biren Singh irawinaa BJP sawrkar in a

CM in Security Escort ngak lo dingin



IMPHAL: Zanikhan CM Nongthombam Biren Singh chun a office-ah Manipur Truck Owners' Welfare Association thuoituhai an hmupui. Hi huna hin Kha- sim Vashum, Parliamen- tary Secretary(Transport), O.Nabakishor, Chief Secre- tary, Dr Suresh Babu, Medi- cal Chief Secretary(Home),

M Lakhmikummar, Com- missioner(Transport) hai khawm an thang. Economic Blockade hlip ani ta lein Truckhai chu NH-2 ah security es- cort ngak kher lova tlan ta dingin CM chun ngenna a siem. CM chun National Highway haiah Security pek an ni ding thu, IRB/

Rengkai Road lampui an inthiefai



CCPUR: Tulai ni iemanizt lietmaa inthawk ruosur lein khawpui sung le lampui hai nasa takin a tawp a. A bikin Reng- kai Road lampui suk chu Nulla haiah hmunnhaw- k a bit vawng lein tuihawk luong thei loa an um lein lampui haiah vadung an- gin tuihawk an luong a, hieng tuihawk luong hai hin hmunnhaw- k nasa takin lampuia a lensuok lein a tawp zuol hle a nih. Hi le inzawm hin Reng- kai Road Development Committee chun April 1, 2017 khan social work

National Cultural Conference tan



IMPHAL: Zanikhan ni 3 sung aw ding National Cul- tural Conference on Tribal Literature and Performance chu Education Minister Th. Radheshyam Singh in Shishu Nistha Niketan, Manipur Branch a hawng. Inchtukirma sin thaw hi sin inzaum a ni a, inchtukirtuhai thienna le vama hmanga lekha hrie le mi hmangthlak hung ni thei chau ei nih. Inchtukirtuhai hi mihiem hai ta dinga hlu takel an nih tiin Th. Rad- heshyam Singh chun thu a hril huna a hril.

Sishu Nistha Niketan hawng

IMPHAL: Zanikhan Imphal East District a Moirangkampu Sajeb hmuna Education Minister Th. Radheshyam Singh in Shishu Nistha Niketan, Manipur Branch a hawng. Mihiem puiling, kawlthlang le hnam tha neina ding chun inchtu- tirma tha dawng hi a tuln a pawimaw takzet a nih tiin Th. Radheshyam Singh in

Lallienkhum Darngawn Memorial Trust Award inhlan

CCPUR: Zani zantieng 2:00PM khan Upa Lal- zarlien Darngawn cheng- nain, Muolvaipei, CC- Pur-ah Pu Lallienkhum Darngawn Memorial Trust Award inhlanna hunser hmang a ni a. Hi huna hin Rev. Zathangsing Zate, Executive Secretary, ICI chun Mr Alwin Lalrambuotsai, s/o J.F. Tusing of Lamka, CCPur kuomah Award inhlanna a nei. Lallienkhum Darngawn Memorial Trust hi kum 2004 a inthawka tan a ni a, Serampore University affiliated Colleges/Seminaries hnuoia BD second Class a inthawk a chungting zo an sangtak hai kuoma pek hlak a ni a, Award hin Rs. 5,000/- le Ci- tation a sawm a nih. Tuche- na hin mi 12 kuomah Award



CHANCHIN LAKTAWI

Crusade inzawm

CCPUR: AG Compu- ound- a Gospel Crusade nei mek March 31 a tawp ta dinga ti chu kohran mem- ber le mi tam tak ngenna angin zanikhan sunzawm a la ni bakah vawizan chena program la hmang dinga keisei a nih. Taksa le thlaraua har- satna neihai hi huna hung thang dingin AG compound, AG(Localised) Local Committee chun fielna an siem. Crusade- a hin Mizo Idol Top lo tling phak Thawhlehnaniropuia (Puipui) chun hla tieng rawngbawlna a nei bawk.

Computer thiem mamaw

CCPUR: Zaiawithang Photo Studio, New Bazar, Tiddim Road a thawk ding Computer thiem mamaw a ni a, inhnikna nei han Pu Zaiawithang inhmupui le indawnchieng thei ning a tih.

Sin hmu thar

CCPUR: Tv. David Lal- ringsan Khobung, s/o HK Kawliethang chun Cen- tral Bank of India hnuoia Probationary Officer an ziekting. A hlawtingna hi ei chanchinbu chun a lawmpui hle. (SinlengNews)

An sin haia inthawk an kaisang tawl



CCPUR: New Delhi hmuna Custom & Excise department hnuoia Senior Tax Assistant sin thaw lai mek Pu Lalthuoisang Joute, s/o NG Thang chu Inspector in a kaisang. Chun, Ms Florence Lungdampui Zote, w/o

Martyrs' Day 2017 hmangna ding le inzawmin inrawntlangna nei



CCPUR: April 1, 2017 1:00PM khan Hmar Secre- tariat, HSA Campus, Reng- kai hmuna Hmar Martyrs' Day 2017 hmangna ding le inzawmin inrawntlangna nei ani a. Hmar Martyrs' Day Budget le programme hai phawrlang le hril tlang a nih. Hi huna hin Hmar Inpui GHQ le a hnuoia affiliated body tum tum HYA GHQ, HSA GHQ, HPC(D), Hmar Returnees le Hmar Area- a MDC Pu Gouzamang Guite, EM ADCC le Pu Khaikhaw- mung, MDC ADCC hai khawm an thang ve a. Hnam sunga organization tum tum hai sum le pai- a bituk siem ani a, Opening Cer-

SHWC han mi 3 le heroin Rs. 2,000 manhu man



CCPUR: Zani zingkar khan Shillong Hills Wel- fare Committee (SHWC), Rengkai haiin Shillong Hills, Rengkai-ah dam- dawi (heroin) zawrtu Ken- neth Ramneisang S/o (L) Vanlalhrui, Rengkai le heroin inchawtu mi pahni, Laldinggheta S/o (L) Than- glianchhunga, Thingkang- phai le Khanbiaklal S/o K. Siama, Zenhang Lamka hai chu heroin an inchawk le thaw lai takin an man.

Heroin mana um po chu khaini bur chanve, Rs. 2,000 manhu a na, mipuihai mithmua rawhng an nih. Mana um mi pathum hai hi zilhauna pek niin, heroin zawr le thaw sunzawm ta lo dinga intiemkamna incheit an ni hnungin, Laldinggheta le Khambiaklal hai chu an sunghai koa inthuoitir an nih. Shillong Hills Wel- fare Committee (SHWC) chun Shillong Hills veng- buk huom sunga inruithez zawr le thaw a khap lat a. Hi le inzawmin tlawmgai pawl insiemun le zan inzawma duty zing a nih. Hi hnunga an khapna dan bawsie a, vengbuk sunga inruithez zawr le thawtu man an ni nawk chun, an chungah iengpo khawm tlung sien a thawtu haiin maw an phur ding thu SHWC, Rengkai thuoi- tu haiin hril. Shillong Hills ang bawh hin Rengkai khuo sunga vengbuk hran hran thuoi- tu hai khawmin an vengbuk sunga inruithez zawr le thaw hi an khap ve a nih.

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Foreign a sin dang dang thaw nuom hai ta ding khawma ngaiven thei a nih

VAWISUN THUPUI

Chun hieng hi a na, khaw hnawma an thuoit suok hnug chun, "I hringna dingin tlan suok rawh, I hnungting nga naw la, Phaizawla hrimhrim hin ngir bawk naw rawh; tlanga sawn tlan rawh, chongnaw chun, bohmag rawi i tih," an ta.

- Genesis 19:17

Editorial Rorelna indik

Mipui han rorelna tha le indik hi ei invawi a, ei dit bawk. Amirokchu, rorelna indik le tha hi ei du- thusam ang chun ei ramah hin a tlung nawh. Khawvel history-ah khawm ei hmu a, rorelna indik lovin a hung rasuok chu ram buoina a ni rawp hlak. Rorelna indik a um theina ding chun mipui nekin ram thuoit le en- kawltuhai mawphurna a lien lem. Sawrkarna cheltu han rorelna indik taka an fepui chun kawngtinrengah ramin hma a hung sawn hlak. Ram rorelna andik naw pha pha ram le a mipui han an tuorhla hle hlak. Rorelna indik hnuoiah ei um am? ti hi hunin a la hung rel ding a nih. Sawrkar thar ei nei a, hma an hung lak mek a, sawrkar hmasa leh a tu lemin am rorelna indik an fepui a ti chu Manipur mipui han ei lo thlir thup a nih.

Ei ram le a mipui han rorelna tha le indik ei mamaw a. Sawrkar thar hung um hi rorelna indik fepui ngam dingin ei beisei tha a nih. Ei rama rorelna indik sukhmelhemtu le suksetu thenkhat chu, sawrkar sin lak le sawn thu dam, laina, ruo/tha le a Hausa hai ditsak bikna dam, hleprukna dam, thamna dam, sawrkar sin lakna kawnga exam result le interview result fel naw dam, sawrkar thangpuina fel naw dam le ngaipawimaw lem ding ngaipawimaw nawna dam hi an nih. Ram rorelna sukse thei ding thil hai hrim hrim chu ram roreltu han an do le hnaw ngam hmak a tul a nih.

Ram rorelna indik lovin a rasuok chu ram buoina, ram retheina, ram tluksietna, inthedarna, indona le tam tlakna hai a nih. Khawvel rambung tum tuma ram buoina a chenghai rimsikzie hi ei hriet seng a. Ram inhnarum an ni der nawh. An ram buoina leini indona a tlung a, a ram mihai chu an rama ngei um thei lovin rambung dang haiah an raltlan sup sup el a nih. Rorelna indik le tha um sienla chu an ram, an in le lo tlanisan ramdangh raltlan nuom der naw ni hai. An thu le hla lova raltlan an nih. Raltlanhai hi khawvel rambung tum tum chawkluhaitu an nih. UN khawmin a hang buoipti hlaka chu an chungchang hi a rel fel thei tak tak nawh. Khawvel rambung hnan hrana raltlanhai hmabak hi a kho inkham hle a nih.

Rorelna indik a hung um theina ding chun, roreltu sawrkar in order an suo hai hi order anga a fepui ngam, dan chu dan ang taka a hmang ngam, rorelna chu indik taka a fepui ngam a tul a nih. Ei hriet seng angin ei state a sawrkar hmasa hai khan order inzaum lo, zui le hmang ngam lo ding khapna thupok dam, Notice dam, Circular dam, office memorandum dam, dan le dun dan an siem a, sienkhawm an lekkaw ngam si naw leini mipui han inzana chang an hriet naw pha a, tuta ngirhmuna hin ei um pha ta a nih. Hieng a ni lei hin roreltu han lekkaw ngam lo ding thupok le thusuok hi chu siem ngai naw hai sienla nuom a um. Ram le hnam humhalna ding, ram hmasawna ding le int hanglien peina ding chun rorelna indik hi fepui ngam ding a nih.

Sawrkar thuneituhai hin thlutluka an siem ding hin ngunthluk takin, ti takzetin ngaituona seng hlak hai sienla, Order chu Order a ni ang ngeia zawm ngei ngei le fetlangpui thei dingin Order chu an suo hmoin ngaitu sienla nuom a um hle. Khapna thupok hnan hnan insoo zur zuta a nina ding anga lekkaw a ni nawk ngai sinaw leini mipui inzana chang ei hriet naw a, ei namnul pei el ta nin an lang.

Manipur a sawrkar thar a hung um a. Rorelna tha le indik kengkaw tumin hma a hung lak tan a, a hmang mei mei ni lovin a takram hung intlan sienla nuom a um ngei el. Tuhin sawrkar thar chun CCTV inchwakna thua sum hmang dan indiko um anga inlang chu sui dingin Order an suo bakah file delay lo ding le of- fice kai dan khawm a hma neka tha lema thaw dingin inhrietirna an suo a. Hieng Order, instruction le Notice hai hi Order inzaum, Notice inzaum le instruction inzaum a hung ni ngei theina dingin sawrkar thar hin hma hung la tak tak ngei sienla ti chu mipui dit dan a nih. File inhmang le file delay/pending a um tanaw chun sin fe hrat a ta, ni dang nekin hma ei hung sawn pha ngei rai a um.

ALL INDIA RADIO: CHURACHANDPUR PROGRAMME

Date: April 02, 2017 (Pathienni)

TRANSMISSION- FM-101.4 Megahertz

Hours	Studio/	Programme
5.23pm	CR/P	Signature
5.25pm	CR/P	Vande Mataram, Time Reading, Opening Announcements & Mangal Dhvani
5.30pm	P	PAITE Prog. Sig. Tune & Announcement Announcer: Ellen Lawmngaihkim 1) EBCC Zion BYF Choir (dev) 2) EBCC Hiangtam Lamka BYF Choir (dev)
6.00pm	P	HMAR Prog., sig. Tune & Announcement Announcer: Malsawmkim 1) EFCI Central Choir (dev) 2) Blessed Choir (dev)
6.30pm	P	THADOU Prog., sig. Tune & Announcement Announcer: Seilienmang 1) Jenny Thouthang & party
7:00PM	P	Farm & Home: 1) Paite: Chingthiamgai & party (dev) 2) Hmar: Joseph Pakhuongte (dev) 3) Thadou: Thiengnu Haokip (dev)

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ARTICLE/HEALTH & EMPLOYMENT NEWS

IMPORTANCE OF YOUTH MINISTRY AND SUICIDE

"Remember your Creator in the days of your youth, before the days of trouble come and the year approach when you will say, 'I find no pleasure in them'" Eccl 12:1

Rev. Dr. H.M.Songate Songate

The bible had shown much interest and care for the youth since the Old Testament time. Isaiah talks about youth. In the book of Daniel, we find God's wonderful intervention in the lives of Daniel, Sadrak, Meshak and Abednago who became Old Testament heroes. They were all young people. When David was anointed for a king he was just a teenager! Proverbs talks volumes about youth and how to live a correct and rightful youth life. In fact, the whole book of Proverbs seems to be written for youth. The Psalmist talks about how youths could lead a holy life and be in constant communion with God. Ecclesiastes talks in detail how youth should live their life and be prepared for judgement at the end. In the gospel, we found that Mark was a young and vibrant enthusiast. Even the other disciples were in their prime life of their early thirties. Jesus' good friends Mary, Martha and Lazarus were all young people. The legion was a young man. Barnabas and Paul were perhaps, in their early thirties. Timothy was just in his early twenty's. Youth and children are central in the bible and are in God's central plan too.

In a digital age today, there are much more important reasons as to why priority should be given to the youth in a Christian ministry. Let me just sum up in a nutshell as below:

WHY YOUTH ARE IMPORTANT

- # 1.8 billion Population worldwide today (Out of 7 Billion population)
- # 465 million youth in India alone (That is above 40% of the total population of 1.2 billion)
- # About 1 million youth committed suicide per year (Between age gap of 13-34)
- # There are at least 126 million child labors worldwide
- # Girl child rape is estimated at 150 million (WHO report)
- # 43.8 million abortions reported annually (That is 1 out of 5 pregnancies)

TODAY'S YOUTH AND CHALLENGES

- Self seeking and pleasure seeking
- Wanting to experiment new things
- Open to new ideas and new learning
- Teachable, only if approach correctly
- Easily bored and disappointed
- Trying to find solace in friend and love to make own decision
- High self esteem and thinks they know all!
- Hostile attitude and restless
- Repeated change of likings, easily influenced and led a stray
- Drugs use and alcohol consumption high. Substance use is for pleasure
- Disengaged, loss and lack of seriousness

DEPRESSION IS HIGH AMONG YOUTH

The Youth Risk Behaviour Surveillance System (YRBSS) monitors six types of health-risk behaviours that contribute to the leading causes of death and disability among youth and adults, including—

- Behaviours that contribute to unintentional injuries and violence
- Sexual behaviours that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection
- Tobacco use and Unhealthy dietary behaviours
- Inadequate physical activity

YOUTH SUICIDE STATISTICS: (Source: Centers for Diseases Control and Prevention)

#Suicide is the **SECOND** leading cause of death for ages 10-24. (2013 CDC WISQARS)

#Suicide is the **SECOND** leading cause of death for college-age youth and ages 12-18. (2013)

#More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects,

Petrol le Diesel man sukhnuoi

NEW DELHI: India rama chun March 31, 2017 zan- rila inthawk khan Petrol le Diesel man sukhnuoi a nih. Petrol man hi litre 1-ah Rs. 3.77 le Diesel chu Rs. 2.91 a sukhnuoi a ni a, thlahni le a chanve sunga Petrol le Diesel man sukhnuoi a um hmasatakna a nih.

Thautui man ennnaw- na a umna nuhnung tak chu January 16, 2017 kha a ni a, kha huna khan Petrol man litre khatah paise 54 a sukhung le Diesel man chu litre khatah Rs. 1.20 a

sukhpung a nih.

Thautui man sukhnuoi um dungzui hin Delhi a chun petrol litre khatah Rs. 66.29, Kolkata-ah Rs. 68.97, Mumai-ah Rs. 72.28 le Chennai ah Rs. 68.97 ni tang a ta, Diesel man chu Delhi-ah Rs. 55.61, Kol- kata-ah Rs. 57.86, Mum- baiah 61.27 le Chennai-ah Rs. 58.82 paise a hung ni ta ding a nih. Khawvel pumpuia thautui man le INR-USD exchange rate dungzua thautui man hi ennawn hlak a nih.

stroke, pneumonia, influenza, and chronic lung disease, COMBINED.

#It is most alarming as it is still NUMBER ONE YOUTH KILLER today!

#Four out of Five teens who attempt suicide have given clear warning signs

The Youth Risk Behavioural Surveillance System (YRBS) is a survey, conducted by the Centers for Disease Control and Prevention, that includes national, state, and local school-based representative samples of 9th through 12th grade students. The purpose is to monitor priority health risk behaviours that contribute to the leading causes of death, disability, and social problems among youth in the United States.

The surveys are conducted every two years to determine the prevalence of these health risk behaviours. Behaviours that contribute to unhealthy lifestyles and those that indicate possible depression and/or suicidal ideation are included.

Suicidal behaviour is a major health concern in many countries, developed and developing alike. At least a million people are estimated to die annually from suicide worldwide. Many more people, especially the young and middle-aged, attempt suicide.

LGBT (Source: BBC-UK)

Young lesbian, gay, bisexual and transgender people (LGBT) are more likely to suffer from suicidal thoughts than their straight friends, according to a new survey titled 'Youth Chances'. The LGBT support charity Metro, asked 7,000 16 to 24-year-olds across the UK about their experiences. The results suggested rates of self-harm were also higher in young LGBT people and that they were more likely to need help with depression and anxiety than heterosexual people of the same age. The survey found that 42% of young LGBT people have sought medical help for anxiety or depression.

Conclusion: In the light of the above highlighted issues and given facts, I would like to encourage churches, philanthropic organizations and all NGOs to come together and initiate serious attempts to address to this NUMBER ONE YOUTH killer now! Till today, many church groups are just distance spectators perhaps, either due to ignorance of the issue or lack of empathy. Most of the churches have its own youth wing or youth department, most of which are with autonomy. Suicide issue is one major challenge the youth group alone could not handle and tackle it themselves. The church should create awareness to the masses and to the youth in particular. Parents and school teachers should be taught and trained in suicidal behaviours and trends by mainstreaming the issue in the church's priority and program lists rather than being busy and playing in shallow water with the old and traditional issues inherited a century ago! I would like to exhort the youths and for that matter, everyone, that taking own life will never solve your problems. Only cowards and those who could not face life's challenges head on, took their own lives! Whenever such thought emerges, be aware that it is the design of Satan and his lieutenants to end your life shamefully and to bundle you down to hell. Why should we die as a coward and glorify Satan by shaming our own friends, loved ones and relatives! You live only once to face life's challenges and shine. That is what we are created for. God says "For I know the plans I have for you," declares the Lord "Plans to prosper you and not to harm you, plans to give you hope and future. Then you will call me and come and pray to me and I will listen to you" Jeremiah 29:11. Trust God, He has plans for you, never to harm you but to give you hope and future. So, why end own life?

AIR Guwahati in Akashvani Annual Award 4 dawng

GUWAHATI: All India Radio (AIR) Guwahati chu Akashvani Annual Awards 4 inhlal a nih. Awards hai chu drama, feature, family welfare programme le science programme haia inhlal a nih. India rama AIR station 450 um hai lai Guwahati AIR chun kum 2016 a dingin Award a hmu insangkak niin Dilip Kumar Das, Director, AIR Guwahati chun a hrii.

Akashvani Annual Awards hi 1974 huna AIR



Employment News

BANK OF BARODA RECRUITMENT 2017

Bank of Baroda issue a notification for recruitment to the post of Probationary Officers (PO) through Post Graduate Certificate in Banking and Finance course (PGCBF) has published notification for the recruitment of 400 PO vacancies. The detailed eligibility and application process are given in below.

Age Limit:

(As on 1 April 2017) Minimum 20 years- Maximum 28 years i.e. a candidate must have been born not earlier than 02.04.1989 and not later than 01.04.1997 (both dates inclusive). Scheduled Caste/ Scheduled Tribe candidates 5 years relaxation as per Govt. guidelines.

Educational Qualification:

(As on 1 May 2017) - Degree (Graduation) with minimum 55% (50% for SC/ST/PWD) marks in any discipline from a recognized University OR any equivalent qualification as such recognized by Central Government.

Application Fees:

Rs. 100/- for SC/ST/PWD candidates.

Rs. 750/- for all others.

Mode of Payment:

Candidates have to pay ONLINE through their Debit card or Credit card only.

Important Dates:

Start date for Online Registration: 01.04.2017

Last date for Online Registration: 01.05.2017

Download of Call letter for Examination: 12.05.2017

Date of Examination (Tentative): 27.05.2017

Full details click below link:

<http://www.bankofbaroda.co.in/Careers/Admission-2017-18.asp>

WY mum 230 leh man

MOREH: March 30, 2017 khan 12-Assam Rifles han Moreh a inthawka Imphal pana hung ECO Van ML05H-5464 Khudengthabi AR Check post-ah sukchawla an dapnaah Van sunga chungong passenger pakhat a inthawka WY mum 230 dapdawkin an man a, hi zan dar 7:35 velin Moreh Police Station-ah a peklut. Mana um hi Kikaisem Kuki (24), s/o (L) Paokhohang Kuki of Monglianphai Village, Churachandpur District niin AR thusuok chun a hrii.

63rd JMND Foundation Day

IMPHAL: Zanikhan Jawaharlal Nehru Memorial Dance Academy (JMND) Hall, Imphal-ah 63rd JMND Foundation Day hmang a nih. Hi huna hin Deputy Chief Minister Yumnam Joykumar Singh chu Khuollienin a thang. Mihriem hringnuona dingin pi le pu hai nunphung sukhring zing hi thil pawimaw tak el, hnam chi tum tum hai laia inlaichinna siemtu a ni leini ngaipawimaw, humhim le sukhmasawn a tul a nih tiin Yumnam Joykumar chun thu a hrii huna a hriitlang.

Lemon Grass House Showroom hawng



CCPUR: Zani 11AM khan Central Road, Hiangtam Lamka hmunah Thangching Herbs Enterprise hnuoia Lemongrass House showroom hawngna nei a nih. A neitu chu Dr R. Sanga a ni a, Sasang, Head of Marketing and Sales in Thangching Herbs Enterprise Lemongrass Plantation chungthu hriina a nei a, Chinkhokam Hangersing, MCS (ret'd) in tawngtainaa inhlanna a nei.

Lemongrass chingna chungthuah hasratna tam tak a um a, tam tak inhmang hun a um tiin Sasang chun hi huna thu a hriinaah a hrii. C Hangersing chun, R. Sanga

hai sungkuo in chemical thang der lo thienghlim taka Lemongrass Oil an hung siem thei chu lawmum a ti thu a hrii. Thangching Herbs Enterprise chun Lemongrass House hi Showroom anga hmangin an product hai pholagnain an hmang ding a nih.

Lemongrass a inthawka siem product tum tum- Lemongrass Essential Oil, Ultrasonic Aroma Diffuser, Scented Pillar Candle, Electric Bulb Aroma Diffuser, Candle Aroma Diffuser le Lemongrass Floral Water hai Showroom a inthawka discount a inchwak thei a ni ding a nih.

Joint meeting an nei

CCPUR: National Vector Borne Disease Control Program (NVBDCP), CCPur le Caritas India, Churachandpur han April 1, 2017; 11:00 khan CMO/CCPur inrawinain CMO Mini Conference Hall, CMO Office Complex ah Joint Meeting an nei a, hi huna hin Malaria le inzawma hmalakna tum tum, Slide Collection le Active Surveillance chungthu; M-Form Reporting Format; Stock

Maintenance bakah dam-dawi le hmangruo sawrkra inthawka hmu dan, ASHA incentive; Awareness Program le World Malaria Day 2017 hmang dan ding hai hriitlang a ni a. Dengue um huna Malaria department thil thaw dan ding, Caritas India Action Plan le Mapping chungthu hai hriitlang a ni a. Block tum tuma CHC/PHC le PHSC staff bakah Caritas India staff mi 50 vel an thang.

June 30 chen online hmangtuhai service charge lak lo ding

NEW DELHI: Online hmanga R&E ticket latuhai chu June 30, 2017 chen service charge lak la ni nawng an tih. Demonetisation hnunga digital payment promote-na dinga Rail- way chun March 31, 2017 chen online hmanga ticket latuhai service charge lak lo ding a ti a na, zanikhan India in digital economy ni tuma a hmalakna thlawpna

in March 30 chena dinga suksei nawk a nih. Railway chun Ministry of Information and Technology a inthawka thurawn a hmu dungzua hun hi a keisei a nih. IRCTC website fethlanga ticket latuhai chu Rs. 20 a inthawk Rs. 40 chen service charge lak hlak an na, online hmangtuhai chu hi charge hi lak an ni naw ding a nih.

Churachandpur Weather Forecast: April 2, 2017(SUN)

SUN MORNING	SUN AFTERNOON	SUN EVENING	SUN OVERNIGHT
Risk of a thunderstorm	Risk of a thunderstorm	Partly cloudy	Partly cloudy
21°C	28°C	19°C	16°C
Feels like: 21	Feels like: 28	Feels like: 19	Feels like: 16
POP: 40%	POP: 60%	POP: 20%	POP: 20%
Rain: <1 mm	Rain: 1-3 mm	Rain: -	Rain: -
Wind: 10 km/h SW	Wind: 10 km/h W	Wind: 5 km/h W	Wind: 5 km/h W
Wind gust: 13 km/h	Wind gust: 18 km/h	Wind gust: 7 km/h	Wind gust: 7 km/h
Humidity: 77%	Humidity: 85%	Humidity: 92%	Humidity: 92%

LAKTAWI

LoC a bomb puokah Manipur mi JCO a thi

JAMMU: Zanikhan Jammu and Kashmir-a Poonch district-ah helpawl hai kam ni dinga ring Improvised Explosive Device (IED) bomb puok lein Manipur mi Junior Commissioned Officer (JCO) Naib Subedar S. Sanayaima Kom chun thina a tuok niin zanita defence spokesman thusuok chun a hril. Naib Subedar Kom hin a nuhmei le a nauhai 3 a thisan. Bomb puok dan hi chieng taka hriet a la ni nawh.

Bhutan in Guwahati-ah Consulate

GUWAHATI: Bhutan Prime Minter Tshering Tobgay chun ni 5 sung aw ding river festival 'Namami Brahmaputra' chu zanikhan Guwahati hmuna guest of honour a thangin a hawang a. Thuhirina a nei hunah Bhutan chun Guwahati hmuna Consulate hawang a nuom thu a hril a, hi le inzawm hin India sawrkar chu Guwahati hmuna Consulate a hawang phal pek dingin a ngen ta niin a hril. Bhutan le Assam hin ramri 255 km. a sei an nei a nih.

Kum 25 mi chen hai thang thei ding

NEW DELHI: May 7, 2017 a India ram hmun hran hrana MBBS/BDS inchuk ding thlangsuokna dinga National Eligibility-cum-Entrance Test (NEET) exam um dinga hin kum 25 chen hai thang thei an ta, form fill up khawm April 5, 2017 chena thaw thei ning a tih tiin Supreme Court chun a rel. A hma chun form fill up theina dinga hun tawpna tak chu March 1, 2017 a bituk a nih. NEET exam hi Central Board of Secondary Education (CBSE) in a huohawt ding a nih. NEET Examination a hin a tling nawhai ta dingin vawuthum chen thang phal a nih.

Mumbai Police in hacker pakhat man

MUMBAI: Mumbai police haiin zanikhan 'ethical hacker' Manish Bhangale an man. Manish Bhangale hin document tehlem siemin Maharashtra Minister Eknath Khadse chu Dawood Ibrahim le inzawmna nei anga inlangtir a tum a nih. Bhangale chun mobile bill tehlem a siem a, chutaka chun Khadse le Pakistan hmuna Dawood a chengna In-a phone le inbiekna nei angin a suklang niin Joint Commissioner of Police (Crime), Sanjay Saxena chun a hril.

Bhangle chu IT Act le IPC section hran hran hmanga thuboui siem khum a na, Minister Eknath Khadse khawm case dates back (June, 2016) a siemin thawluina a inbantir a nih. Eknath Khadse chu state Cabinet-ah mawphurna hran hran lo chel ta hlak a na, ram zawrna chungchang le Maharashtra sunga buoina dang dang tung haia inrawlna neia intum a nih.

Highways zu dawr thuah SC Order hmang tan



NEW DELHI: Supreme Court in Highways haia zu inrui puma motor khal sukbona dinga December 15, 2016 nia National Highways le state highways haia inthawk metres 500 huom chin sunga Zu zawr khapna thupek a lo insuo ta chu zanita inthawk khan hmang tan a nih. Hotels le Restaurants hai chun Orders hi keikir dingin ngenna an siem a, sienkhawm Chief Justice of India (CJI) J.S. Khehar inrawinaa Supreme Court Bench chun a hnawl pek a nih. Amiruokchu, municipal areas mihriem 20,000 neka tawm chengna highways huop sunga chun highways a inthawk metres 220 huom china Zu dawr hawng thei dingin a sukdanglam a, hmun danga hai ruok chu Order lo um tasa angin Highways metres 500 huom sunga Zu dawr hi hawng khap a nih.

IMP estimate dungzuiin India economy 7.2% in inthang a tih: Jaitley

NEW DELHI: IMP in estimate a siem dungzuiin, India economy chu kum 2017-18 in 7.2% in inthang a ta, kum 2018-19 in 7.7% in an thang ding niin Union Finance Minister Arun Jaitley in a hril. Zanita New Delhi hmuna New Development Bank Annual Board of Governors' Meeting hawngna nei huna keynote address a hrilnaa Finance Minister chun a hril a, chu Pawisa tehlemai dona, FDI inzauna le GST Bill thar hai chun economy a sukhang ding niin Finance Minister chun a hril a, chu

RBI in Enforcement dept hran siem ding

MUMBAI: Reserve Bank of India (RBI) chun dan le dnu enkaitu ding le a bawsietu hai hremna petu ding Enforcement Department hran siem a tih. Hi thu hi zanita Minister of State for Finance, Santosh Gangwar in Lok Sabha hmuna zawna dawnaa a hril a nih. Finance Ministry in policy lientak siem a ta, chu policy inzalo le bawsietu hai chu hremna pek pei an ni ding thu Minister chun a hril.

Ranchi-ah sa hmu ding a um nawh

RANCHI: Ranchi Municipal Corporation (RMC) in Ranchi khawpuia sa zawrtuhai license a renew pek nuom naw leiin, zanita inthawk khan Ranchi hmuna sa hmu ding a um nawh. License renew pek nuom lo sa zawrtuhai chu a tlangpuuin Kel, Vawk le Ar zawrtuhai an nih. Ranchi khawpuia hin phalna neia sa zawrna dawr 100 neka tam a um a, liemtah Zirtawpni khan an license hai a thi pek vawng ta a nih.

Tripura-ah Zirtirtu 10,000 ban dingin

AGARTALA: Tripura state sawrkar hnuoia Government School Teachers 10,000 hai chu ban dingin Supreme Court in a rel. Chun, December 31, 2017 chena Zirtirtu thar 10,000 lakna sin zo fel dingin Supreme Court chun Tripura sawrkar an hrietir. Govt. Teacher-hai hi kum 2010 le kum 2013 a lak an nih. Tripura Left Front Government chun kum 2010 khan post Graduate teacher 1,100 le Graduate teachers 4,617, December, 2013 khan Under Graduate teachers 4,606 a lak a nih. Zirtirtu 10,000 ban dinga Supreme Court in a relna thu le inzawm hin Tripura Selkaltu Pawl han an CM chu inban dingin an phut.

Mexico singer Pepe naupa mihriem tawlrunkna thuah man



CALIFORNIA: Mexican singer inlar takel le Grammy Awards khawm iemanizat lo dawng tah Pepe Anguilar naupa Jose Anguilar chu dan kala mihriem tawlrunknaah inrawlna neia intumin tulai hnai el khan California hmuna US Custom officials han an man. Jose Car boot sungah China mi 4 zet dapdawk an ni a, hi le inzawm man a ni a. Hi thil hi chawlkar hni vel liemtah kha tlung a ni a, sienkhawm Jose Anguilar chun hi inawlrunknaa hin inrawlna a nei ve ti chu zani hmasa lai khan hriet-suok chau a nih.

Cabinet in Motor Vehicles (Amendment) Bill 2016 passed

NEW DELHI: Union cabinet in Motor Vehicles (Amendment) Bill 2016 thlang danglamna chu a passed tah. Cabinet chun fundamental conventions pahnihai siemthatna a passed bawk a, chuong hai chu sin lakna ding kum inhuoitak (minimum age) thu le Child Labour Convention hai an nih. India hi

International Labour Organisation (ILO) members a nina angin a ram sunga Child Labour suktawpna dingin theitawp a suo ding a nih. Cabinet Committee on Economic Affairs (CEEA) in New Urea Policy 2015 amendment thawna ding khawmin hma a lak mek a. Amendment a thaw zo pha chun ram sunga Urea siem suokna hin hma nasatakin a sawn pha ding a nih. CCEA chun 31 Giga-Watt, Rs. 1.5 lakh anghu sengna ding Mega Power Policy khawm remtina a pek bawk. Hi policy hin India-ah power man sukhnuoi a ta, In tin haiin 24X7 power an hmu thei ta ding a nih.

India le Malaysia hai chu inzawmna inthuktak nei an nih: President

NEW DELHI: India le Malaysia rambung hai chu hun sawttak liemtah a inthawka inzawmna inthuktak nei, rambung pahni haiin an inzawmna kum 10 liemtah sunga ra thatak nei a ni thu President Pranab Mukherjee in a hril. Zanita Raj Bhawan hmuna Malaysia Prime Minister Najib Bin Tun Abdul Razak in President a hung biek huna President chun a hril a nih. India le Malaysia hai inzawmna chu kum 100 hmel hmu tah niin, rambung inzawmna nei hai lai chu inzawmna det le thatak niin President chun a hril.



India a hung inzin a ni thu President in a hril. Inzawmna an neina a chun, India in investment le sumdawngna thil haia a thathnempui thu a hril a, India in 'Make in India' initiative a fepui mekna thuah, defence thlura inlaichinna khawm a sukdet pha thu President chun a hril. Counter-terrorism thub rambung pahni hai inlaichinna chu a det zuol niin President chun a hril. India le Malaysia haiin diplomatic relation an nei a kum 60 tlingna huna Malaysia Prime Minister chun a hril. November, 2015 huna Prime Minister Narendra Modi in Malaysia a sir huna inthawk rambung pahni hai inlaichinna chu a det zuol niin President chun a hril. India le Malaysia haiin diplomatic relation an nei a kum 60 tlingna huna Malaysia Prime Minister chun a hril.

India-a infra projects a dingin Japan in 371 bn yen

NEW DELHI: Japan sawrkar chun India rama infrastructure project a dingin 371.345 billion yen, Rs. 21,590 crore anghu pek dingin an tiem. Japan sawrkar chun Official Development Assistance (ODA) anga a pek ding a na, infrastructure sukhmasawng ding hai lai chun 'freight corridor' khawm a thang. Zanita New Delhi hmuna S Selvakumar, Joint Secretary, Department of Economic Affairs le Kenji Hiramatsu, Ambassador of Japan to India haiin inbiekna an nei huna hi thu hi hril a nih. Japan sawrkarin kum 2015-2016 le 2016-2017 haia International Cooperation Agency (ODA) fethlenga a peksuok ta po chu 761.40 billion yen a ni tah a, a target a inthawk 43.50% a ni tah niin zanita Finance Ministry thusuok chun a hril.

Central in drought relief fund Rs. 2,000 cr pek

NEW DELHI: Tamil Nadu hmuna drought tuortu hai thangpuina dingin zanikhan Central in Rs. 2,014 crore a peksuok. Drought relief fund hi zanita Union Home Minister Rajnath Singh inrawina a High level meeting an nei huna peksuok dinga thutlukna an siem a nih. Home Ministry in thusuok a siemna a chun, relief fund hai laia Rs. 1,748 crore chu Kharif season sunga drought tuortu hai pek ding a na, Rs. 264 crore chu Cyclone Vardah tuortu le Rs. 2 crore chu National Rural Drinking Water Programme (NRD-WP) a hmang ding an nih. Cyclone Vardah le drought tuortu hai thangpuina hi Tamil Nadu sawrkar chun hun iemanichen liemtah khan Central-ah a lo peklut ta a. Central chun Inter-Ministerial Central Team siemin, Tamil Nadu hmuna Cyclone Vardah le drought tuortu hai chu a hmun ngeia enfelna an nei a nih. Inter-Ministerial Central Team haiin report an pek chu en tlangna nei a na, recommendation an siem dungzuaia zanita High level committee hin thangpuina a pek a nih.

Israel-in a Mihai Egypt Suoksan Dingin

TEL AVIV: Israel sawrkar chun a rammihai chu Egypt rama Red Sea resort pakhat Sharm el-Sheikh, Hurghada, Marsa Alam le Luxor chu an rang thei anga suoksan dingin a hril tawl. Asan chu, hilai chawlhadamna hmun resort hi ISIS helpawl han an target nia a hriet leiin a nih. Khuolzin mihai chu hi lai hmun hi pan lo dingin a hril tawl a. Tuta hilaia um mek hai khawm an rang thei ang suok dawng vawng dingin Israel counter-terrorism bureau chun thusuok siemin a hril. Hi lai hmun hi British khuolzinmihai ngaina tak hmuna a ni bawk.

Israel Counter-Terrorism Bureau chief Eitan Ben-David chun, "Beram vengtu khel hril hlak pa angin 'Sihal, Sihal' tia khel hril ni ruok chu kan nuom nawh. Amiruokchu, hilai hmun hi ISIS helpawl han an target a, bei an tuma fithawng a um nia kan hriet leiin suoksan ding le hlat dingin kan hril e a nih" tiin The Telegraph a hril. Hi lai hi Israel le inrina South Sinai a nih a. Khuolzinhai fena tak hlak a nih. Abikin thla thar April thlaa Passover Festival lai lem chu a sing a singa inzinmi fena hlak a nih. British khuolzinmihai khawmin an ngaisang a, sang tamtak tak an fe hlak. Israel sawrkar chun North Sinai ah military offensive a um leia inzin lo dingin a mihai a hril leiin south tienga inzin an tam a. South tieng khawm Sharm el-Sheikh resort tak hi chu hnai lo dingin a hril a nih.

LAWMTHU HRILNA

Inhnawm harsa ka tiin ka tawla na hlak a. A chang leh ka kawng a na a, kan hnawmna a inthawk thisen a suok hlak a. MV Azad Phusam ka pan a, a mi enkawl a inthawk ka hung dam ta a. Ami enkawl damtu chungah hin lawmthu ka hril. A pan nuom han Old Bazar, Teddim Road, Near ICI Church Road-ah pan thei le contact Nos. 8014025567/7628890261 haiah ngaiven thei a nih. Time- 8:30AM to 3:00PM



Sd/- Kippen Thangkhochuon M. Songgel

Swaraj in India mi Poland a that thu report dinga hril

NEW DELHI: Ni tawmte liemtah khan Poznan city, Poland hmuna India mi that nia hril a nih. Hi chungthu hi External Affairs Minister Sushma Swaraj in Poland hmuna Indian Ambassador chu suchiengna neia kimchang taka report pe dingin a phut. India mi thata um hi student niin, indiklo taka intum leia vuokhlum nia hril a nih.

South Korea President Park Geun Jail-ah

SEOUL: Hleprukna leia ban tah South Korea President Park Geun-hye chu zani hmuna man le South Seoul detention centre a sie nghal a nih. Park Geun-hye hi politics a mi thlawp a hlanwa dingin a ruoltha Choi Soon-sil chu Samsung thangin hlakwka le sumdawngna thil dang dang inchalaitira intum a nih. Park hi tuta thla bul khan impeached a nih. Ama hi criminal case neia man South Korea President a pathumna a nih.



Hleprukna thila intum a ni a inthawk khan Seoul Central District Court chun Park hi man dingin warrant a lo insuo ta hrim a nih. A case chu thiemnaw inchangtir hma khawma Korea danin ni 20 sung hrentang theina a nih. Intumna a umna le inzawm hin thiemnaw inchangtir a ni chun kum 10 chen jail an tang el thei niin legal experts hai chun an hril.

Ms Park Geun-Hye (65) hi prison no. 503 niin jail-ah an tangna ding hin 10.6 square metre (114 square feet) a lien room/ solitary Cell (cell panggai hai 6.5square metre neka lien met) pek a nih. Tui an silfai zo hnungin intang zakhuo inbelin jail-a hin a lut a nih. Ms Park hi chawlkar thar tieng khin thu indawna nei tan ni dinga beisee a ni a, Investigation office-a koa thu indawna nei nekin an tangna cell-ah va pana thu indawmna hi nei ni lem el theia hril a nih.

Sakuin Rulpui Pakhat A Kap



RIO DE JANEIRO: Brazil khu rulpui lien chi (Boa constrictor) an tam em em a, mihriem chen khawm an dawh hlak. Chuong ang rulpui pakhat chun Saku (Porcupine) dawh a tum leh a Sakuin a lo kap a, Rulpui hi a pumin Saku hling a sip vawng a, na ti taluoa an tal vel lai Uiin a lo inbau zinga mipuun law ngaina hre lovin an en ringawt.

A entu mipuihai chun comment hran hran pein pakhat chun, "A vir man a hmu a nih sawh, chaw taluo" a tih a. Pakhat chun lunginsiet hmel deuin, "Thangpui ta unla" a lo tih a. Pakhat dang chun fiemthru deuin, "Fashion thar a nih kha" a tia, Rulpui na tuor an iel an iel lai chun an lo inuu dar dar a. Thenkhat vangduoia hi thenkhat ta dinga nuizatum le ennuom um dam a lo nih hlak.

Hi thil tung hi video sharing website pakhat LiveLeak in a post a nih a. Rulpui dum tur el chu Saku-in a ku (thal/hling) hring-var ser ser tamtakin Rulpui hi a kap a, feet sari vel rulpui chu a pumin Saku hling a sip vawng a, na ti taluo um ngaina hre lovin an tal an tala chu an tal rawn poleh a hling haiin an sun pei si, na a ti deu dek a, thaw dan hlawl a um pek nawh. Na a ti ri a tap ri an hriet naw chau a nih.

Amazon basin tropical forest laia Rulpuihai hi ti an um em em a. Hieng ang Boa rulpui hin chu sa chin met bak, vate, lizard dam an fak hlak a nih a. Ama tak hin Saku (Porcupine) a lo beisei leiin huing hi a tuok tah a nih. Rulpuiin thil an dawh chun ni ruk dam digest-na dingin hun a lak hlak. Saku ruok hi chu digest intak hleng a tih.

Paraguay-ah election protesters han Congress office an raw

ASUNCIÓN: Paraguay Parliament in tuta an President ni lai mek election-a angr nawk theina ding Bill an passed dodaltu pawl hai chun zani hmuna khan Parliament/Congress Office an bei a, parliament hi meien an raw bawk. Police han rubber hmanga Protesters hai hai an kap leiin activist pakhat chu a lu takah a dengfuk leiin damzo lovin a thi. Dictatorship-a inthuoia suktawp a ni hnung kum 1992-a Paraguay constitution (ram inthuoia danbu) dungzui chun President hin term khat bak a chel phal lo a ni a. Amiruokchu, tuta President ni lai mek Horacio Cartes chun election-a angr nawk theina dinga hi restriction hi sukbo/peihmang a tumna leia dodalna le buoia hi hung suok a nih.

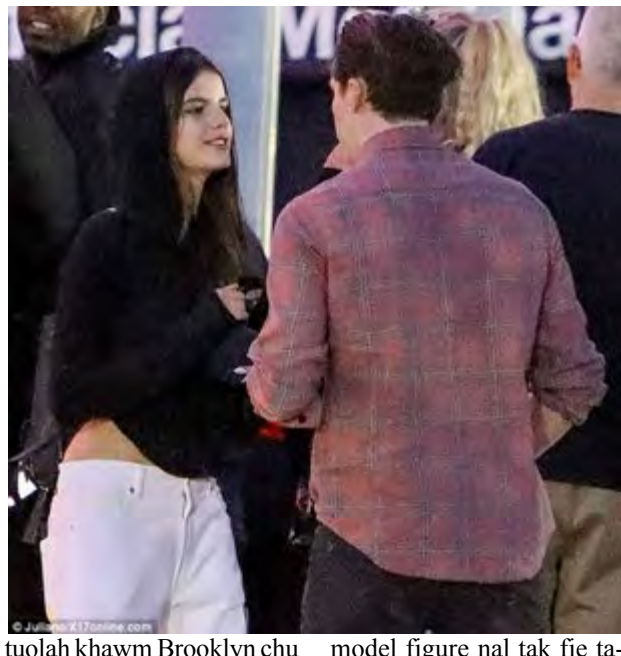


Protesters hai chun hi Bill thlawptuhai office chu nasa takin an suosam a, Police chun mipui helna thaw hai hnawtdarna dingin water cannons bakah rubber bullets hai an hmang a, lawmakers 3 le senator pakhat thangin mi 30 velin hliemna an tuok bawk niin ei thu dawngna chun a hril. Police le protesters hai hi lampuihai nasatakin an inbeituo a, kum 1992-a

Paraguay ram Democracy rambung a hung ni hnunga tharum insuona tung nawk nasatak hi hmasatak ni a hril a nih. Protest huna thina tuok hi Rodrigo Quintana (25) a ni a, opposition Liberal party office bei a ni huna Police han rubber bullet hmanga mipui hai an kap huna thi niin party leader Efrain Elegre chun a hril. Paraguay ram hi kum 1954 - 1989 sung kha military ruler General Alfredo Stroessner awpna hnuoia lo um a nih. Bill hi lower house Chamber of Deputies-a a la peksawng hmabak a ni a, lower house hi president in majority thlawptu a neina hmuna ni a, hi takah passed nawk tul a ni bakah house pahni han an passed hnungah electoral court in thla 3 sunga approve an thaw la tul ding a nih. Hi Bill hi a fethleng chun president hlui Fernando Lugo khawmin President hi a hung inchu nawk thei ding a nih. Lugo kha ram eviction thawnaa buoia suoka mi 12 in thina an tuokna le inzawm kum 2012 a President a ninna inthawka peithlaka lo um ta a nih. Tuta President Cartes term hi kum 2018 a tawp ding a nih.

Brooklyn Beckham le Sonia Hmu Inkawp

LOS ANGELES: Milar ni tah laklāw hin chu nauhai khawm kawng khat bekah an lo inlār ve nāwk peia vāntlāng chungā lēng chu an lo ni pei a nih. Thil narān le hotea inlang thil an thaw khawmin thenkhat ta dinga pawisa hmuna dīng le hrii nuom an lo kai nāwk hlak. Footballer inlār David Beckham naupa upatak Brooklyn Beckham (18) khawm a pa milār a nina zarin a him bik nawh. Tlāngval tamtak angin ngaiāwng dam a lo nei ve a, concert en dam a fe ve nuom hlak a. Kar liemta khawm khan “Into You” saklartu Ariana Grande concert, Los Angeles Forum ah a ngaiāwng hlui Sonia Ammar leh hmu kawp an nih.



French model Sonia Ammar le hin 2014 Khan Maldives ah an inhmu a. Chu hnung chun an inziu deu char char a. Amiruokchu, tuonna tlāng an dang lei le nuomzawng le sinthawna a lo inang vawng naw leiin an inthe nāwk a. Hun iemani chen inhmu ta ngai lo an nih. Tuta tuma an hei inhmu nāwk hin Sonia chu a hlim em em a. Concert tan hma

tuolah khawm Brooklyn chu hlimtakin ramtin a hrii māwl māwl a, hmēl hlim takin hla taka inthawka camera lo tin furhai khawm hmu zing sienkhawm um lo ang el a nih. US tleirāwl abikin tuola umhai hak bik lukhum le inkawp zakuo (hoodie) dum le kekawr var a bun a. A hoodie zakuo sir lai an sing leiin le a kekawr kawng inthawl met leiin a phing le kawng a dawkw vawng, a

Meghan Markle, Vanity Fair April Issue Ah

LONDON: Prince Harry le inziu hnungin “Suit” star Meghan Markle chu a website “TheTig” leiin inlār tho sienkhawm mi ngaisak le ngaisang a hlāw zool a. A ta dinga official photo shot hmasataka dīngin Vanity Fair magazine April issue ah khawvēl thuoiu dang danghai leh an inlang kawp dīng a nih.



Vanity Fair magazine hi Prince Harry nu Lady Diana thlālāk nal tak tak le a official thlālākhai insuotoi hmasataka le suklartu a nih. Tuhin a naupa ngaiāwngnu thlālāk suklartu magazine a hung ni nāwk tah a nih. Meghan Markle hi ni kum 2016 October thlāa Ottawa, Canada. One young World Summit-a thāng le thuhritu Emma Watson, Cher le Justine Trudeau hai leh a nih. Hmun dangah Ireland President hlui Mary Robinson, poet Fatima Bhutto le women’s rights activist Loujain al-Hathloul hai leh

an lak baw. One Young World hi khawvēl socio-political sukhmasawn le thlēng danglama, human rights violation, environment crisis, gender equality issues, discrimination and injustice hai sukbona dīngā rāwl insuotoi hai an nih. Meghan Markle khawm a thāng nuom ve dīng am tia an indawn chun, “Aw” tiin a dawn ngāh a nih. “Counsellor dīngā fiel ka nih khan inrang deuvin aw ka paw ngāh a nih” tiin a website TheTig ah a ziek. Vanity Fair April issue a article hi Pakistan poet Fatima Bhutto ziek a nih a, an thlālāk hi American photographer Jason Schmidt lak a nih. Nuhmei palihai hi Ottawa khawpui background ah ngirin pathumhai hi a bum in ngira Meghan chu zakuo var hākin, vadung pang lai a fal bik deuvin a ngir. Ni kum 2016 One Young World Summit, Canada ah khan young leaders 1, 300 an thāng a. Canada PM Justin Trudeau-in Youth Council of 15 young Canadians ti a hawng baw a.

Hieng thuoiu naupanghai hi khawvēl tha lem siem dīngā ke pensuokhai an nih. Tu kum Summit hin British actress inlār Emma Watson chun “Emma Watson Scholarship” tain thalai thuoiu mi 9 thlang suokin an sinthawna a thāngpui dīng a nih. Abikin ‘gender equality’ (nuhmei chanvo suksāngna dīngā hmalākna) tieng hma la bik an th. One Young World co-founder Kate Robertson chun, “One Young World ambassador-hai sinthawna hieng ang magazine ruopia mi ziekpektu Fatima Bhutto le lim nal tak tak Jason Schmidt-in a mi siempok lei hin lāwmum kan ti hle a. Ambassador-hai hin tharum insuona, heIna le gender equality hai bākah khawvēl issue hran hranhai huoisin takin an buoiupi dīng a nih, Counsellor dang danghai chungah khawm ei lāwm hle a nih” tiin a hrii. Vanity Fair Corporate Business Director Claire Singer chun, “Vanity UK-in One Young World sinthawna danglamtak a tarlang thei hi lāwm a um a. April issue cover le thlālāk danghai suklāng angin, One Young World ambassador chi hran hranhai sinthaw hran hran a tarlang a nih” tiin a hrii baw.

Welsh Hmeltha Imogen Thomas Selfie Share



MIAMI: Welsh lanu, 2003 daia Miss Wales title lo la tah, 2006 Big Brother contestant inlār, Instagram ah 209, 000 followers neitu kum 34-a upa Imogen Thomas chun a bikini thar leh chāwl hmanga Miami beach laia pose chi hran ‘selfie’ a fans hai a share a, nau pahni nei tah sienkhawm a taksa pieng la nal zie le inffit zie a suklāng.

Florida nisa lum tak laka inthawka insukdeina dīngin ‘halterneck bikini’ a pho-ang a. Taksa hrisēlna ngaisang tak Imogen chun sam hu hnapiin, a ke inka takin, tuipui kama phaiphin lai ngirin a mobile phone-in ‘selfie’ an lak lai a cameraman-in a lo lak a. Underpant tight fit a sira hruia khit bawr thup dīng char thup le bodice khawm nene hmur char thupa a dang po tuom zo lo mar tun le sunglass sendang a bun a. A hrisēlna a la thā hle bākah a figure khawm sawisēlna dīng a la um nawh. Tuipui kam lai insukdei dīngin an hnel vel a, tuipui hu boruok a chen a nih tak a. Ama thlālāk lo entuahi le hmutuhai khawmin boruok danglam tak an lo chen ve a nih. Imogen hi a khāt chaw chāwl hmanga inzin a nih. Model a ni el bākah designer khawm a nih a. Tuta an zinna khawm hin a Chasing Summer collection a inthawkin ‘Italy’ bikini a promote a nih. Imogen Thomas hin Australia mi Adam Horsly leh nau pahni an nei a, Ariana (4) le Siera (1) hai. A sūnghai thuoi lovin makhatin chāwl hmangin hun a hmang a nih. Imogen chun, “Ka taksa pieng zie ngaisak mi tak ka nih a. Vawisun khawm diet tha taka thaw zing ka nih. Ka taksa piengzie (figure) hi tuon zat ni lovin kawi (curve) ka nih leiin nal a harsa a. Figure nal taka maintain zing chun an tak tho a nih. Ka kawng hi ka hnām a. Ka nene ka hnām a, an lien talau. Ka thil sie (implant) hai lakdaw ka nuom an tah” tiin Mail Online a hrii.

Sylvester Stallone-in \$20 Million Hlaw Hnaw

LOS ANGELES: A hlutna chuoi thei lo hieia ngai le film-ah khawm suklāng, Italian pachal Sylvester Stallone, Hollywood film star inlār le hmingthang po po deuthaw thāngna film hlāwtling “The Unexpandable-3” chen co-writer nia a thāng hnungin, “The Unexpandable-4” siem mekah chu, Sylvester “Rambo” Stallone chun a thāng ta naw dīng niin Deadline a hrii. Hi film a changna dīng hin \$20 Million pek tlāk ngāh dīngā ti a nih a. Amiruokchu, hi film thar chang nāwk dīng hin chu a nuom tanaw a, a thāng ve ta naw dīng niin a hrii. Thawleni khan Beverly Hills ah, hmēl hlim tak, lungawi tak le hrisēl hmēl takin tuol a suok a. Deadline chanchinbu palaiin thu an dawnaa chun, “Zaa 95% ah chu iengkim kan inremmin kan inhiethiennawng vawng a. Amiruokchu, production thuah thil thenkhat kan inrem thei naw a. A la tāwp nawh, i nuom nuom i ziek thei” tiin a hrii a nih.



Chanchin hriet dan chun Sylvester Stallone le Nu Image chairman Avi Lerner han a film production thuah inhiethiennawna met an nei lei nia hriet a nih. Hi block-bluster film “The Unexpandable-3” hin, ram 3 chenah \$803 million

a lam suok tah a, US chau ah \$227 ml. a lam-suok a nih. Actor hmingthang vawng Stallone, Arnold, Jason Statham, Jet Li, Randy Couture, Terry Crews le Dolth Lundgren hai film pathumah an thāng vawng a. Bruce Willis, Chuck Norris, Liam Hemsworth, Harrison Ford, Mel Gibson le Kelsy Grammar hai a then thenan an thāng baw. Stallone-in an hnuok dawkw hmaa a hrii dan chun, tuta a palina dīng “The Unexpandable-4” hi a tāwpna tak dīng ti a nih. A tāwpnatak dīngā hin James Bond changtu Pierce Brosnan chu a puipa deu dīngā hrii a nih a. Vin Diesel, Jack Nicholson le Jackie Chan hai khawm an thāng dīng nia hrii a ni baw. A hmatiang film pathum chen kha Stallone chu co-writer a nih a, ama’n a story a phuok vawng an nih tlāngpui a. A palina dīng production fe pei dan dīng thuah Nu Image chairman tak leh an ngaidān an kal met tah leiin a thu khawm a ziek ta naw dīng niin a hrii.

Iskra Lawrence, Social Media Rules Nei

NEW YORK: New York-a pop-up store pakhat Aerie model, ‘plus-size’ le ‘body-positive’ role model, British nunghāk kum 7 vel New York-a um tah chun, khawvēl pum-puia nuhmeihai chun māni taksa ngaisanga ngai pawimawa inzapui lo dīngā a fiel zing laiin social media hmanga kawngah hmgang dan bik ‘dan’ a nei niin FEMAIL a hrii. Instagram ah zūitu 3.3 million a nei leiin social media thil post a fimkthur tu a hrii a. Khawvēl pum-puia model le a fans hai entawn a ni leiin a thil post le changzie haia a fimkthur hle a, mawphurna rik tak khawm niin a hriet tu a hrii. “Social media hmanga kawngā chun ka fimkthur em em a, dan pakhat ka nei. Chu chu, ka thil post rēng rēng chu a mi zūituhai ta dīngā inffuina thā le sukhtrattu (inspiring) an nih dīng, ti hi” tiin a hrii.



“Ruolhai le bu fa dīngā kan suok chang le thil dang thaw ka nei pāt chū ka post el ngai nawh. Ka thil post dīng a thā le thā naw ka la ngaituo hmasa zet hlak. Ka ziek dīng chū ka la ngaituo phawt hlak. Ei hlim zing thei nawa, hlim si loa hlim hmēl deua ruol zūituhai chanchin hrii dam ka nuom nawh a. Ka nina indiktak pei chau hrii, ka thu hriihai chun kawng khat bekah a thā zawngā mi thūoi ka tum hlak. Chuleiin, thu ka post hma hin sāwt fe dam kan ngaituo hlak, bazar le inah khawm” tiin a hrii baw. Iskra thawka company Aerie hin thlālāk le thumhnan khawm a tak chau post le hmang dīngin model hai khawm a hrii a, dan a nei baw a. Aerie Real ti hnuoia chun model hai chū an nina ang angā inpholang dīng, siemfāwm le Photoshop vel hmang lo dīng ti dan a nei leiin Iskra khawm hin a hmang a nih.

“Bikini le swimsuit hāka camera hmaa hei inpholang vel chu harsa in thil el thei. Mani taksa pholang khawm thenkhat chun intak ting in thil, māni figure inzapui khawm an um hlak. Amiruokchu, ieng ang piengzie khawm nei la, i taksa kha a thā a, a hrāt a, a mawi a, mawina danglam a nei a nih ti hrein inzakupi ngai naw rawh. I taksa ang kha tukhawmin an nei nawh. Mani inngaisie el lovin thafan takin ngir suok ve rawh” tiin nuhmei, abikin ‘plus-size’ hai kuomah thucha a nei baw. Social media ah khawm, thu post thuah, a zūitu le ruolhai po po chū thudik le mihai sukphur theina dīng ‘positive’ thu chauh post hlag dīngin a fiel tāwl baw. Tulai social media hmangsuolna insangtaka dīng chun Iskra zūi “rules” hai hi thalai haiin zūi ve seng thei hai sien chū buoinga le harsatnahai khawm hi a tlāwm sāwt ring a um. ‘Role model’ indiktak model a nih.

ENGLISH PREMIER LEAGUE SUPER SUNDAY PREVIEW

Football International Break kar hni sung a um hnungin zani zana inthawkh Khan Club tieng pang League hran hran an tan nawk a. Vawizan khawm hin Premier League Super Sunday inkhel pahni um a ti. A hmasaah table- a hnuoi tiengā um ve ve Swansea chun Middlesbrough lo mikhuol an th. Swansea hi relegation Zone chung charah an um a, Middlesbrough ruok chu a hnuoihung tak dawt an ni ve thung. Swansea tieng player kim naw an um naw a, Kyle Naughton khawm zaper hliem leia game pahni a um naw hnung hung inlang ta baw



a ti. Middlesbrough tieng ruok chu defender Daniel Ayala an lang thei ring a um nawh. Inkhel dangah title in-chunaa thāng phak ve Arsenal le Manchester City inkhel an th. Arsenal tieng Mesut Ozil a thāng thei beisei a nih a, ana-

ni ta a, anachu tu taka pawimaw tak ruok chu an nawh, tiin an inkhel dīng a ngai pawimawzie a hrii a. Manchester City Manager Pep Guardiola chun, ‘Arsenal player-hai hi an thā tawkw hle a, hratanaw zing zing lai lem chū intuokpui havphur an um hle a nih. Ka nuom dana chun vaw iemani zat hrat inzawm lai intuokpui lang ka nuom lem,’ tiin a hrii ve thung. Arsenal hi Manchester City lakah anni khelmuolah vaw 19 an inkhelnaah vawikhat char an hrat naw lem a nih. Football ngainatuhai ta dīng chun zan hlimum tak a ni ngei ring a nih.

World champion hlui Mikkel Kessler kum 4 hnungin boxing ring kai nawk a tum



Super-middleweight world Champion hlui Mikkel Kessler chun, kum 2013-a Britain mi Carl Froch laka a tlawm zoa Boxing a chwalsan hnungin tukum kumtawp tieng hin Boxing ring sunga lut nawk a tum thu zani hmasa khan a puong. Danish mi Mikkel Kessler (38) hi world titles tum 5 zet lo la ta ni a, kum 2013-a Britain mi Carl Froch le an inhekthat (rematch) hunah hneban a ni zoa inthawka kha boxing inkhel lo chwalsan ta ni a. Boxing ring a hung lut nawk hunā hin super-middleweight division-ah a hung lut nawk dīng a nih. Super-middleweight division a hin British IBF world title hau mektu James DeGale khawm a um ve a nih. Mr Kessler hin Boxing ring hung lut nawk a tum thu puong sien khawm tum an hnekpui nawk hmasatak dīng ti le an inhek dīng ni a la puonglang thei hrii nawh.

Nicola Adams in Professional debut-ah Argengina mi an hnekpui dīng



Britain mi Double Olympic Champion Nicola Adams chun April 8, 2017 khin professional boxing a khel vawikhatna dīngin Manchester Arena hmunah Argentina mi Virginia Naemi Carcamo an hnekpui dīng a nih. An hnekpui dīng Carcamo (32) hi an rama profes-

India hi 2026 khin World Cup khel phak an tim?

Kum 10 khawm tling ta lo World Cup 2026 hung um dīngā khin team 48 um thei dīng angin FIFA chun hma a lak mek a. Asian region bika dīngin qualify thei zat khawm a let khat a hung ni ta dīng a nih. Tu chen hin Asia-a inthawkw rambung pali chen kai thei le rambung dang pakhat playoff nei thei a nih a. Chu umzie chu chieng deuvin pali kai thei an ta, a pangana chu play off-a an hrat chun a



renga belkhawmin Asia-a inthawkw ram pangā an thāng thei tina a nih. Tuta FIFA’n dan thar a siem hi a puittling chun rambung pariet direct-in kai thei an thāng thei tina a nih. Tuta FIFA’n dan thar a siem hi

nih. Chu chu remchanga hmangin India hi an kai ve thei el dīng ti hi mi tam tak thlirāwk a hung ni ta a nih. Hung tling dīng May 9 khin FIFA thuoiu-hai inhmukhawm nawk an ta, hi thu hi an la hriinawn dīng a nih. Tuhin India hi AFC ranking-ah a 12-na an ni mek a, tulai angā an inkhel pei chun World Cup 2026 khin a vawikhatna dīngin inlang ngei ei tih ti chū ring a um ta hle.

The 1st Muolvaipei 5 Men Soccer Tournament



CCPUR: Zani April 1, 2017 (Inrinni) 4:00Pm Khan Famtah (L) Pu Ralkapthuum hrietzingna dīngā Muolvaipei khawng huopa Kapthuum Memorial Team (KMT) hai huohawt The 1st Muolvaipei 5 men soccer tournament chū vawisun khan closing ceremony Muolvaipei Playground ah phusui takin hmang a nih. Hi hunser hi Pu. S Thangkhoisei Guite (Chief of Tonjang Village), Pu. Lalbieknung, Pu Laldinlien hai chū Chief guest, Guest of Honour le Functional President niin an uop a. Thu tha tak tak hriina hun neiin KMT hai thilpek inhlanna an nei taw. Hi huna

uop. Hi tournament a hin team 13 lai an thāng a, Max Computer Works Muolvaipei in iengkim Field decoration le a tulna na a hai a sponsor a ni a. Hi tournament hi League system a inkhel ania, final match chū vawisun khan THFC Hunters le Takchapa FC haiin an inkhel a, TBFC hai chun Takchapa FC hai chū 3-0 a hnein hrattak nina chāngin Kapthuum Memorial Trophy chū an lo dawm ta anih. Hi 5 men soccer tournament hi Muolvaipei khawng a vawikhat na a nia, mipui ngaiēn a hlaw hle a, an entu mipui khawm an thahnem thei hle.

Jürgen Klopp : Brazil chun Liverpool inkhel dan a entawn

Liverpool Boss Jürgen Klopp hrii dan chun vaw 5 tawp World Champion lo ni tah Brazil chun Liverpool inkhel dan ‘Style’ an entawn niin a hrii. Brazil Manager Tite-in Brazil a enkawla inthawk a zawnin vaw 9 tawp an hrat ta a, World Cup 2018-a dīngā Qualify hmasa tak an nih. Kar hni zung International



Break a um sung khan Brazil chun Uruguay 4-1 in an hne a chū zovah Paraguay 3-0 in an hne nawk